



# Nepean Aquatic Centre Swim Club

## Swim-A-Thon Friday, 17<sup>th</sup> May 2019

This is a team-building and fundraising initiative....Participating swimmers will have 1 or 2 hours to swim as many laps as they can in any stroke without stopping and without touching the bottom of the pool. The use of a kickboard will be allowable in the first 1 hour session only. Swimmers may consume drink and/or food during the allocated time in the water but may not completely cease swimming to do so ie: they may tread water.

Drink bottles and sealed food containers may be placed at the end of the lane for private use by each participant. There will be no bathroom breaks – in fairness to all sponsors of laps, leaving the lane/pool will dictate completion of the event by the swimmer and their tally of completed laps will be calculated at the time of ceasing to swim.

The swim-a-thon will commence at 6.45pm and run through until 9.45pm. This time will be broken into 2 sessions – the first will be a hour (1hr) session commencing at 6.45pm for our youngest member groups. The second will be a 2 hour (2hr) session commencing at 7.45pm. This will allow for siblings of younger members to act in the capacity of lap counter helpers.

**NOTE: Each swimming participant will need to supply their own assistant as a lap counter.**

***10 years/under participants and their lap counter helper to arrive @6.30pm to commence @ 6.45pm. This session will conclude at 7.45pm sharp – to allow for the second session to begin in the 8 available lanes***

***11 years/over participants and their lap counter helper to arrive at least 15minutes prior to the commencement of the second session @ 7.45pm – 9.45pm***

Thank you to Nepean Aquatic Centre for providing the lane space within which to hold this event. The pool lanes will need to be vacated immediately following each session of the Swim-A-Thon for easy transition of groups and for cleaning of the facility. We would thank participants for their consideration in this regard.

Sponsors are asked to pledge an amount per completed lap or alternatively, donate a fixed \$ amount for the whole swim. ***Please note: Lap Sponsors should be aware that the Swim-A-Thon will be held in a 25m pool.***

### *Sponsorship Guide*

<b><i>1klm</i></b>	<b><i>2klm</i></b>	<b><i>3klm</i></b>	<b><i>4klm</i></b>	<b><i>5klm</i></b>
<b><i>40 laps</i></b>	<b><i>80 laps</i></b>	<b><i>120 laps</i></b>	<b><i>160 laps</i></b>	<b><i>200 laps</i></b>
<b><i>\$4.00</i></b>	<b><i>\$8.00</i></b>	<b><i>\$12.00</i></b>	<b><i>\$16.00</i></b>	<b><i>\$20.00</i></b>

All swimmers will receive a certificate showing the total amount of laps that they have swum and thank you for participating gift plus, swimmers and helpers are encouraged to enjoy a team bar-b-que and drink at the conclusion of their session. There will be prizes awarded for the most amount of laps swum to a Male & Female in the following age categories:- 6 & under / 7 & 8 years / 9 & 10 years / 11 & 12 years / 13 & 14 years / 15 & 16 years / 17 & over

The completed Swim-A-Thon sponsorship form will need to be delivered to the event by each participant on the evening of Friday, 17<sup>th</sup> May. Following completion of the Swim-A-Thon, all money raised by individual participants will need to be placed in an envelope together with their completed sponsorship form, and returned to the Swim-A-Thon organisers within the following week to enable an announcement of prize winners for the highest fundraising efforts during club night on Friday, 24<sup>th</sup> May.

Nepean Aquatic Centre Swim Club Inc. acknowledges the following businesses for their support through sponsorship of this event :-



**Sponsorship Form (EXAMPLE)**

				To be completed upon payment, following the event.			
Name of Sponsor	Phone No.	\$ Donation	Amount per lap	Total no. of laps swum	Total amount of sponsorship	Money collected (please tick)	Initials of Sponsor
<i>Examples:-</i>							
Grandma	1234567890	\$10.00				✓	AB
Mrs Mac	1234567891		10c	200	\$20.00		MMc



# Nepean Aquatic Centre Swim Club Swim-A-Thon Friday, 17<sup>th</sup> May 2019

Name: \_\_\_\_\_ Age: \_\_\_\_\_ (as at 17<sup>th</sup> May 2019)

## Sponsorship Form

				To be completed upon payment, following the event.			
Name of Sponsor	Phone No.	\$ Donation	Amount per lap	Total no. of laps swum	Total amount of sponsorship	Money collected (please tick)	Initials of Sponsor

<b>Total Laps Completed:</b>  <div style="text-align: center;"><u>        </u> =</div>	<b>Total Sponsorship Pledged:</b>  <div style="text-align: center;"><u>        </u> \$</div>	<b>Total Sponsorship Collected:</b>  <div style="text-align: center;"><u>        </u> \$</div> <p style="text-align: center; font-style: italic;">*Thank you for your support*</p>
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