

*Metro South West Annual Awards Dinner  
St Johns Park Bowling Club Saturday, 18th May 2019*

The dinner was attended by myself in the company of our NACSC award recipients and their families. It was a splendid evening with many thanks to Kathy Thompson who presented a slide show displaying the region talent with supporting music.



Special Guest this year was **Kurt Herzog** who spoke of his path in swimming from the age of 12 when he joined his first swimming club to his representation of Australia as a member of the Dolphins and the rollercoaster ride of thrills and spills that he experienced along the way to the present day.

### CONGRATULATIONS 2018/2019 Metro South West Award Recipients

**Chloe Kimmings** – Short Course 11 years girls Champion

**Kira McInerney** – National Squad Female Swimmer of the Meet

**Anique Pantazakos** – Development Squad Female Swimmer of the Meet

It was with pride that a plaque was accepted on behalf of Nepean Aquatic Centre Swim Club by the team members present in recognition of achieving **fourth (4<sup>th</sup>)** in the overall **PREMIER CLUB POINTSCORE**....Well done team & a special thanks to all NACSC representatives who contributed to the pointscore and to the coaches/parents/guardians who supported them!!!



*The PREMIER POINTSCORE TOP 5 actual point score is calculated from an accumulation of points earned by entrants representing each club in the following SMSW championship meets:-*

*SHORT COURSE CHAMPIONSHIPS*

*OPEN WATER CHAMPIONSHIPS*

*LONG COURSE SENIOR CHAMPIONSHIPS*

*LONG COURSE JUNIOR CHAMPIONSHIPS*

*NOTE: A separate pointscore is calculated from results at the 5-8 years meet as well as each of the above championship meets and separate trophies are awarded annually to the winning clubs.*

**2019 Metro South West Short Course Championships**

*\*\*Please ensure that entries for swimmers are completed for the upcoming Metro South West Short Course Championships to be held 29<sup>th</sup>&30<sup>th</sup> June 2019 @ SOPAC. This is the first meet of the new SMSW pointscoreing year – so, lets see if we can top our last achievement with all eligible athletes entering for a big team performance with more medallists ; Top 10 ribbons ; Age Champions & Team Trophies- GO TEAM !!\*\**

