

## Nepean Aquatic Centre show strength in pool

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Nepean Aquatic Centre Swim Club's successful team. From left to right: Arizona Staley, Brittanee Newman, Jordan Dessent, Isabella Ryan, Zahlie Vidler, Lachlan Quayle, Amy Barry and Lauren Dahl.

Source: Supplied

### **Nepean Aquatic Centre Swim Club continued its success at two championships recently.**

Competing at the Metropolitan South West Sydney short course swimming championships, club membersswimmers from the club won 38 medals.

Under the guidance of head club coach Jackie Barck and club coach Yasmin Leo, six swimmers won 14 gold medals between them.

Heading the list of gold medal winners were Jenna Jones and Jordan Dessent with four each, Zahlie Vidler and Brittanee Newman with two each and Arizona Staley and Lauren Dahl with one each.

Club swimmers also won 15 silver and nine bronze medals.

"It was a great result all round for the club, especially considering that more than 140 personal best times were recorded by the club members across the two days of competition," club president Stephen Hardy said.

On the international scene, London Paralympian Kara Leo was selected by Swimming Australia to be part of the national team competing at the German national championships.

Leo won one gold, two silver and two bronze medals, proving she was a big-time performer.