



Edén Dinkha was recently named PSSA swimming champion for the Penrith district.

# Tenacious Edén has a huge thirst for success

Picture: MATT SULLIVAN

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EDÉN Dinkha is the smallest girl in all sports she plays but it doesn't bother her. Edén, 11, of Cranebrook, weighs only 23kg and looks tiny compared to her counterparts but recently was named the Penrith PSSA swimming champion.

A member of Nepean Aquatic Centre's Target 15 elite squad, Edén wakes up at 5am twice a week to train.

"It's hard to wake up that early but I love swimming."

Edén said, "I was really excited and shocked when they said I was the district champion."

Her hard work and determination was also shown in several other sports, including cross country, triathlon and Brazilian jujitsu.

But the latest nominee for the Penrith Press Junior Sports Star award – sponsored by Rebel – says it doesn't worry her to be competing in so many sports.

"I just like when I run to feel the breeze on my face and when I am swimming just feeling that I am doing something which makes me feel good," she said.

"My favourite sport is swimming because it is what I have always wanted to do and I do very well in it."

"But I also do very well in triathlons and cross country where I made it to the regionals for my school."

- Chris Georgakopoulos



Edén excels in several sports.